

STONE & SAGE

HAIR + SKIN STUDIO

Facial Treatment Consultation & Consent

For customized facials, dermaplaning, enzyme treatments, extractions, and add-on services. Please complete and sign before your treatment.

CLIENT NAME

DATE

TREATMENT REQUESTED

LAST FACIAL / DATE

SKIN PROFILE

SKIN TYPE (DRY, OILY, COMBINATION, NORMAL, SENSITIVE)

PRIMARY CONCERNS (ACNE, TEXTURE, REDNESS, AGING, PIGMENT, DRYNESS)

CURRENT HOME-CARE ROUTINE — CLEANSER, TREATMENT, MOISTURIZER, SPF

SKIN & HEALTH SCREENING

QUESTION	YES	NO	DETAILS
Any active acne, cysts, rashes, open lesions, or infection?	☐	☐	
Any history of cold sores, herpes simplex, shingles, or eczema?	☐	☐	
Any rosacea, psoriasis, dermatitis, or keratosis pilaris?	☐	☐	
Any keloid scarring or difficulty healing?	☐	☐	
Any recent waxing, threading, laser, or hair removal on the area?	☐	☐	
Any Botox, filler, microneedling, or medical procedure in the last 2 weeks?	☐	☐	
Any sensitivity or allergy to fragrance, essential oils, or aspirin/salicylates?	☐	☐	
Do you wear contact lenses or have any eye sensitivity?	☐	☐	
Are you pregnant or breastfeeding?	☐	☐	

Please circle or check Yes / No. If yes, add detail on the lines provided.

MEDICATIONS THAT MAY INTERFERE WITH TREATMENT

Certain medications thin the skin, slow healing, or increase sensitivity to actives and exfoliation. Please check all that apply:

- ☐ Isotretinoin / Accutane (currently or within the last 12 months)
- ☐ Prescription retinoids — tretinoin, Retin-A, adapalene, tazarotene

- ☐ Oral or topical antibiotics (doxycycline, minocycline, tetracycline)
- ☐ Blood thinners — aspirin, warfarin, Eliquis, Plavix
- ☐ Steroids — prednisone, cortisone, topical hydrocortisone
- ☐ Hormonal medication, birth control, or fertility treatment
- ☐ Autoimmune, chemotherapy, radiation, or immunosuppressant therapy
- ☐ Diuretics, antihistamines, or acne medication of any kind
- ☐ Supplements, herbs, or essential oils used on the skin

OTHER MEDICATIONS, SUPPLEMENTS, OR RECENT CHANGES

SUN EXPOSURE & TANNING

QUESTION	YES	NO	DETAILS
Sun exposure, tanning bed, or spray tan within the last 14 days	☐	☐	
Planned sun exposure, beach/lake trip, or tanning within 14 days after treatment	☐	☐	
Current sunburn, windburn, or peeling skin	☐	☐	
Daily broad-spectrum SPF 30+ use	☐	☐	

Please circle or check Yes / No. If yes, add detail on the lines provided.

Please note: dermaplaning, enzymes, and exfoliating facials cannot be performed on sunburned, freshly tanned, or actively peeling skin. Discontinue retinoids and strong acids 3–5 days before your appointment, and avoid waxing the area for 5–7 days before treatment.

WHAT TO EXPECT

- Temporary redness, warmth, tingling, or mild flaking is normal for 24–72 hours.
- Extractions may leave small marks or minor bruising that resolves within a few days.
- Purging or breakout activity can occur as congestion clears.
- Results are cumulative — a series of treatments plus consistent home care gives the best outcome.

CONSENT

I have disclosed my full medical history, medications, and recent sun or tanning exposure. I understand this treatment is cosmetic, that no specific result is guaranteed, and that I am responsible for following the aftercare instructions I receive — including daily broad-spectrum SPF 30+ and avoiding sun and tanning beds. I agree to inform Sydney Jones immediately of any adverse reaction, and I release Stone & Sage Hair + Skin Studio from liability for reactions arising from information I failed to disclose.

ACKNOWLEDGEMENT & SIGNATURE

CLIENT NAME (PRINTED)

SIGNATURE

DATE

PARENT / GUARDIAN NAME (IF CLIENT IS UNDER 18)

GUARDIAN SIGNATURE

DATE

PROVIDER — SYDNEY JONES, LICENSED COSMETOLOGIST & ESTHETICIAN

DATE